**Activity!**

**Take What You Need Wall**

Trace your hand or foot on a piece of paper and cut them out. Write an encouraging, non-family-member-specific message for anyone in your house to come by and take the message. (You can just use post-its too : )

Dedicate a place in your house called “Take What You Need” and add messages for family members as often as you can.

Don’t forget to ask your family to do the same. And don’t forget to take what you need on occasion : )

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**Would You Rather**

**Meal Time Questions:**

**Would you rather...**
Always talk in rhymes
OR
Sing instead of speak?

**Would you rather...**
Cut grass with your teeth
OR
Wash dishes with your tongue?

**Would you rather...**
Live in a cartoon world where you are the only real person
OR
Live in a real world where you are a cartoon?